## Start with Hello Month

Start with Hello was implemented to raise awareness and educate students and the community on ways to reduce isolation and increase connectedness.

Join us as we celebrate Start with Hello all month long!



- Tuesday, September 1<sup>st</sup>: Virtual Waves and High Fives! Start your day off with showing each other a high five or a positive note with a message written on your hand or a sticky note!
- Tuesday, September 8<sup>th</sup>: International Say Hello Day! Start your day with a simple sign of a hello in a specific language you either speak or are interested in learning.
- Tuesday, September 15<sup>th</sup>: International Dot Day! Wear polka dots and jot down how you are going to leave your mark on your class, Neill, or your community.
  - Tuesday, September 22<sup>nd</sup>: Be "purple"y proud to Show kindness the Longhorn way! Wear purple and show kindness to all those around you.
    - Tuesday, September 29<sup>th</sup>: Send a Smile Day!

      Today share notes of kindness with your classmates. (You may even want to do this at home by posting notes on your refrigerator or somewhere everyone can enjoy!)